



WELLNESS
Day

SATURDAY, OCTOBER 7, 2017
BEN ROBERTS WALKING TRACK
9am – 3pm

“Wellness for a Day”



**DON'T MISS COMMUNITY
WELLNESS DAY!!!**



FREE FOR ALL CITIZENS AND THEIR
FAMILIES

**Breast Cancer
5K Run/Walk
1 mile Fun Run**

**Wellness & Health
Screenings**

**Integrative
Health & Wellness**

Worksite Wellness

Active Kids Zone

**Proceeds will go
to American
Cancer Society**



**1st Annual
Pump A Thon**

For more info contact
CP&R @
601-859-4358